



Heart 2 Heart pairs together older and younger women for 6-months for mutual learning and encouragement. Titus 2: 3-5 is our model.

*“Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can urge the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.” Titus 2:3-5*

Goals for Mentor and Mentee:

1. Covenant to a 6 month commitment. Mentor and Mentee can choose to continue through a full year but have the option to opt out, no questions asked, after the 6 month time frame.
2. Covenant to meet at LEAST 2 X per month. Weekly would be preferred.
3. Covenant to pray daily for one another.
4. Women set their own time and place to meet.
5. Covenant to keep all things shared and prayed for confidential.

Recommendations:

- We recommend reading through the New Testament together during the first 6 months. In addition, you may choose to:
- Read through a devotional or faith-building book together, share a video, or topically study the Bible.
- Try to plan a “fun night” with each other, live life together as often as schedules allow.
- As often as you can, meet without kids so that you can concentrate and build your relationship.