

**Have you gone through the Disciple Maker Handbook study?**

- Yes  
 No

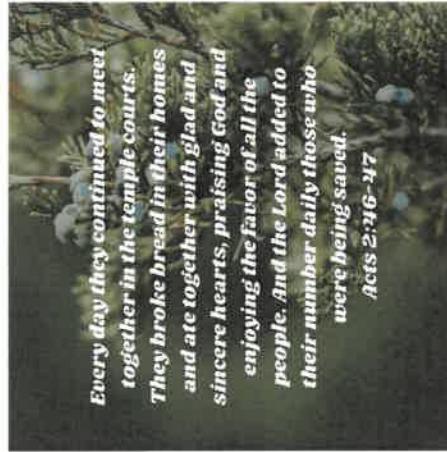
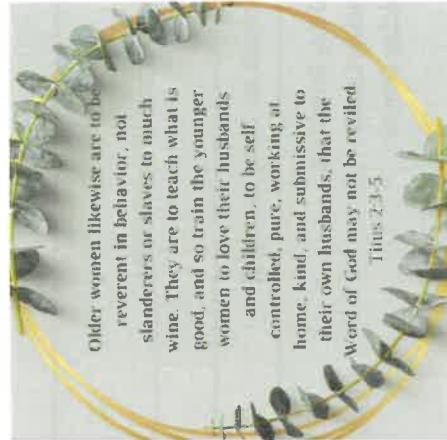
**If you currently have a mentor/mentee:**

- I would like my current mentor/mentee to be in my group (list name): \_\_\_\_\_

Mentor \_\_\_\_\_  
Mentee \_\_\_\_\_

- I am open to starting a new mentor/mentee relationship

**Other Information I would like you to know/consider:**  
\_\_\_\_\_  
\_\_\_\_\_



**TITUS TABLE Covenant:**

- In keeping with the spirit of Titus 2, I commit to be both supportive and sensitive to my TITUS TABLE group.  
 I will make it my priority to pray for and spiritually encourage the women in my group.  
 I commit to meeting for a meal one time per month for one year with my group. I will schedule other things around this commitment.  
 I pledge to conduct all conversations with confidentiality and as pleasing to the Lord.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Please return this form to the Women's Ministry Mailbox.**

For questions please contact Kristen Panchyshyn [panchykr@gmail.com](mailto:panchykr@gmail.com) 320-894-2415.

*We will notify you via email or by phone when we have placed you in a group and who the other group members are with their contact information. The Older Titus Women of the group will take the initiative in scheduling the first meal. If there is some reason that this group will not work for you, please let us know immediately.*



# TITUS TABLE

**4 Women  
1 Meal  
Lasting Connections**

## Profile Questionnaire

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Address: \_\_\_\_\_  
Email: \_\_\_\_\_

Best time to call: \_\_\_\_\_ Birthday: \_\_\_\_\_ Anniversary (if applicable): \_\_\_\_\_

General Information (check as many as apply):	Availability (check as many as apply):
<input type="checkbox"/> I'm married <input type="checkbox"/> I'm single <input type="checkbox"/> I have children (Check all that apply): <input type="checkbox"/> Young kids (age 0-8) <input type="checkbox"/> Pre-teens (age 9-12) <input type="checkbox"/> Teens (age 13-18) <input type="checkbox"/> Young Adults (age 18-25) <input type="checkbox"/> Adults (Age 26+) <input type="checkbox"/> I work outside the home: <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> I work from home: <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> I'm a stay at home mom. <input type="checkbox"/> I homeschool <input type="checkbox"/> Other: _____	<input type="checkbox"/> Weekday Breakfast <input type="checkbox"/> Weekday Lunch <input type="checkbox"/> Weekday Dinner <input type="checkbox"/> Saturday Breakfast <input type="checkbox"/> Saturday Lunch <input type="checkbox"/> Saturday Dinner <input type="checkbox"/> Sunday Lunch <input type="checkbox"/> Sunday Dinner
Any days/times that do NOT work? _____ _____	
I Consider myself more of a (circle one): <input type="radio"/> Older Titus Woman <input type="radio"/> Younger Titus Woman _____	

(Complete Other Side)



## WHAT IS IT?

The goal of Titus Table is to create an environment where women can build authentic relationships that help them grow closer to Jesus and in spiritual maturity while creating deep and meaningful friendships with other women who love and support them in their daily lives.

## THE BASICS

4 WOMEN  
1 MEAL  
LASTING CONNECTIONS

Here are the basics:

- Four women (two older, two younger)
- Meet once per month for two hours for one year
- Share a meal and connect through spiritual conversations
- Set your own time & place to meet
- Commit to daily pray for each other



## THE DETAILS

### OUR PART

- We'll select the groups based on basic information
- We'll pray for you and offer guidance and resources
- We'll train leaders

### RESOURCES\*\*\*

Each month we'll provide the following optional items to help:

- **Recipe** - Make the whole meal or just part, prepare ahead or make with the group
- **Conversation Cards** - Use them to stir conversation, get to know one another and focus your time on God.
- **Hosting Guide** - Help set the tone, practical tips, next steps and encouragement.

### YOUR PART

- Determine the Day, Time and Location for your group to meet.
- Get to know each other and have fun!
- Point each other to Jesus.
- Pray for each other

\*\*\* The premise for Titus Table is taken from IF-Table, in conjunction with IF: Gathering. Resources are from IF:Table

# TITUS

4 Women  
1 Meal  
Lasting Connection



## NEXT STEPS

Once your Table is meeting regularly, consider hanging out more often. Find more opportunities to connect and do life together. Consider reading through the Bible together or doing a study or retreat together.

At the end of the year, you can continue to keep meeting your group: split and bring in more women!

After all, that's what God has called us to...making disciples who make disciples.

GRFC Women's Ministry Leader  
Kris ten Panczyshyn  
320-894-2474  
pancyykr@gmail.com

GRFC.org  
Grand Rapids Evangelical Free Church  
34384 County Road 63  
Grand Rapids, MN 55744

## CONTACT US

AND GENEROUS HEARTS.  
RECEIVED THEIR FOOD WITH GLAD  
BREAD IN THEIR HOMES, THEY  
TEMPLE TOGETHER AND BREAKING THE  
AND DAY BY DAY, ATTENDING THE



GUIDING VERSES  
LIKEWISE, TEACH THE OLDER  
WOMEN TO BE REVERENT IN THE  
WAY THEY LIVE, NOT TO BE  
SLANDERS OR ADDICTED TO  
MUCH WINE, BUT TO TEACH WHAT  
IS GOOD. THEN THEY CAN URGE  
THEIR HUSBANDS AND CHILDREN,  
TO BE SELF-CONTROLLED AND  
PURE, TO BE BUSY AT HOME, TO BE  
KIND, AND TO BE SUBJECT TO  
THEIR HUSBANDS, SO THAT NO  
ONE WILL MALIGN THE WORD OF  
GOD.

## TITUS 2:3-5